



Vancouver Island Counselling

“What Makes the Employee Family Assistance Program at Vancouver Island Counselling Unique?”

- We are a registered “not for profit” society under the BC Society’s Act and have been since our inception in 1980. Our registered name is South Vancouver Island Assessment and Resource Service Society. We operate on a daily basis as “Vancouver Island Counselling”.
- We are collaboratively governed by a volunteer Board of Directors comprised of employees, employers and union leaders.
- We have worked together to establish a shared mission, vision and core values.
- We offer free confidential assessment and counselling services for all employees and eligible family members *and retirees*.
- There is no limit to the number of goal oriented sessions offered to the individual or family and this benefit is provided *at no extra cost* to the client or organization.
- There is also no limit to the number of goal oriented sessions *for your retirees and their dependent family members at no extra cost*.
- We are committed to serving our clients’ with immediacy, accessibility, capability and compassion.
- As an example of this commitment, Vancouver Island Counselling offers an employee with emergency needs an appointment on that very same business day and strives to offer each client their first appointment within 2 or 3 business days.
- We will attend at your worksite to assist the employees, employer and respective unions and associations with matters such as worksite downsizing, significant employee lay-off or the death of a co-worker again, at *no extra cost*.
- After normal business hours, on weekends and on holidays, we provide 24/7 telephone access to a counsellor for workplace emergencies and consultation for workplace leadership at no extra cost. This counsellor is an employee of Vancouver Island Counselling and is based and highly familiar with local resources and workplaces.
- We offer organizations and the community ongoing development and delivery of therapy groups to address needs in the workplace and community not already met by mental health agencies.
- We have provided an ongoing, weekly substances Aftercare recovery groups in Duncan and Nanaimo to enhance the success of employees and families at no extra cost.
- Our clinical service is delivered from professional offices by professionally certified counsellors with Masters level educations. Counselling is available in Duncan, Nanaimo, Victoria, the Lower Mainland and Port Alberni. Affiliate offices provide counselling in Comox, Campbell River and the North Island.
- Our counsellors, administrators and Board members live and work in your community. Our clinical team is very well acquainted and familiar with local mental health and wellness resources through their professional and volunteer experiences.

“We Care”