

Name: _____

Date: _____

Core Competency Self-Assessment

A bit like me	Quite like me	Very much like me

Explain some of your choices for how you sorted the statements:

Name: _____

Date: _____

- Photocopy and enlarge some of the “I can” statements
- Have your learners sort the statements and place each under a heading that best suits them.
- Have the learner then tell you why they placed the statements where they did.

Example of some “I can” statements:

I can use strategies to manage stress

I can recognize my strengths

I can use strategies to focus

I can use strategies to accomplish my goals

Use statements that you have been working on with your students.