



Cowichan Valley School District

Form 316-05

School _____
Teacher _____
Grade _____

FOOD ALLERGY

Student's Name: _____ Birth Date: _____
Parent 1 Name: _____ Relationship: _____
Cell # _____ Work # _____ Home # _____
Parent 2 Name: _____ Relationship: _____
Cell # _____ Work # _____ Home # _____
Emergency Contact 1: _____ Relationship: _____
Cell # _____ Work # _____ Home # _____
Emergency Contact 2: _____ Relationship: _____
Cell # _____ Work # _____ Home # _____
Doctor's Name: _____ Phone # _____

Please tick (✓) all that apply:

Previous Reactions

- Itchy eyes/runny, stuffy nose
- Flushes face/ hives on face/ lips or tongue swells
- Tightness in throat/ wheezing or difficulty breathing
- Vomiting/ diarrhea
- Other (please specify)

Timing Of Reactions

- Immediately
- Mild symptoms for 1-2 hours, then breathing difficulties
- Other (comment please)

Form 3525-07

Previous Treatment

Please list the foods to which your child is allergic:

Which of the following medications have you provided?

Oral Antihistamine

Type: _____

Dose: _____

Anakit

EpiPen

Does your child know which foods to avoid?

What emergency care do you expect your child to receive at school?

Does your child wear a Medic Alert bracelet? _____

PLEASE GET THE APPROPRIATE FORM FROM THE SCHOOL

(Parent/Legal Guardian Signature)

(Date)