

Fitness Facility Corporate Rates

Fit Your Way

Unit 102 – 103, 5301 Chaster Road
Duncan, BC
778-677-3749

- Corporate rate of \$49.00 per month for unlimited classes or \$19.00 per month for lunch crunch classes only.
- Spin Classes, Pilates, Yoga & Meditation, Strength Training classes, Fitness Kickboxing, Step and Zumba.

Harmony Yoga

103 – 360 Duncan Street
Duncan, BC
250-597-1919

- Corporate rate of \$125.00 plus tax for a 10-class punch card or \$13.00 per class drop in rate.
- Two week unlimited pass for \$42.00 to try different classes and find a fit (new members only).

Monkey Bar Gym

101-373 Coronation Avenue
Duncan, BC
250-815-0158

Corporate rate structure is as follows:

- Regular rate is \$131.50 per month. If 5-10 people from the district join, the rate drops to \$90/month; 11-15 people \$80/month; 15+ people \$80/month
- Memberships are based on a one year term and include unlimited classes.

Olympic Fitness

#102 – 5462 Trans Canada Highway
Duncan, BC
250-597-4469

- Corporate rate of \$35.99 per month on a 12 month contract or \$49.95 per month on a 6 month contract. Memberships paid in full are \$116.25 for 3 months, \$191.25 for 6 months and \$326.25 for a full year, which is a 25% discount off regular rates.
- Personal Training discount of 10%.

- Cardio and weights
- Open 24 hours

Snap Fitness

#2 – 361 Trans Canada Highway
Duncan, BC
250-748-0001

- Corporate rate of 50% off the basic sign-up fee (includes facility orientation and fitness assessment) and 5% off the membership of choice.
- Cardio, weights, HIIT classes, Personal Training and Nutritional Counselling
- Open 24 hours

Valley Health & Fitness

#1 – 1400 Cowichan Bay Road
Cobble Hill, BC
250-743-0511

- Corporate rate of \$39.95 per month + GST (with a 1-year membership) or \$429.00 per year + GST if paid in full
- Includes Cardio/Weights/Group Classes (incl. yoga)/Infrared Sauna.

Valley Yoga

6114 Somenos Road
Duncan, BC

- First yoga class \$10.50 plus tax then *Accommodated Prices for Seniors, Students and Single Parents* available to SD79 Staff. See website for details.