



## Occupational Medical Certificate

***I authorize the physician, whom I have attended, to release to the Cowichan Valley School District #79 the information below for use in assessing capacity for work.***

Employee's Name: *(print)* \_\_\_\_\_

Signature: \_\_\_\_\_

### 1. Physician's Statement:

Following examination on \_\_\_\_\_, I certify that the above named person is:

- Not physically and psychologically fit for any work
- Physically and psychologically fit in some capacity for work with restrictions/limitations

### 2. Treatment Recommendations:

Are there evidenced-based treatments considered to improve the medical condition for which this individual is diagnosed, or medical investigations that would assist in assessing or managing their condition?

YES

NO

If a course of treatment has been prescribed/recommended, the individual is  is not  following the prescribed/recommended treatment.

What plans are in place for monitoring the individual's condition?

Are there any non-medical barriers to a functional recovery?

YES

NO

### 3. Prognosis:

Please outline the prognosis for functional capacity of the individual's condition, including anticipated date of their initial return.

Please outline the anticipated prognosis for duration of any restrictions/limitations: when could the individual be expected to return to their full duties?



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**4. Physical limitations of worker:**

Please outline any current physical restrictions or limitations of this individual:

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**5. Psychological/Cognitive limitations of worker:**

Please outline any current psychological/cognitive restrictions or limitations of this individual:

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**6. Additional Comments:**

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School District 79 supports its employees' health and wellness and sees value in having employees attached to the workplace. Where job demands permit, options such as a graduated return to work, modified duties or modified hours within the above noted restrictions/limitations will be considered.

**Physician: (Print)** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Physician's Phone Number:** \_\_\_\_\_

**Physician's Address:** \_\_\_\_\_

**Date:** \_\_\_\_\_

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