



XE'XE'SMUN'EEM
our sacred children

The Cowichan Valley School District recognizes, and gives thanks, that we work, live, and play on the traditional lands of the Coast Salish peoples, specifically the lands of the Ts'uubaa-asatx, Penelakut, Halalt, Lyackson, Stz'uminus, Malahat, and Quw'utsun peoples.

For More Information:

Visit <https://sd79.bc.ca/parents-students/kindergarten-registration/>



Important Dates 2025/2026

January 20-24, 2025
French Immersion Registration

January 27, 2025
Kindergarten Registration Opens



COWICHAN VALLEY
School District

On My Way to Kindergarten

Cowichan Valley welcomes new Kindergarten students.



Any child who will be 5 years of age on or before December 31, 2025 may register at their catchment school.

Kindergarten is learning through play

When I play, I:

- solve problems
- am creative
- explore my world
- construct new things
- share ideas
- make new friends
- learn to communicate
- express myself
- learn to be curious



Ways to Help Me Learn

- Read to me and talk to me
- Listen to me
- Help me get lots of sleep and a well balanced diet
- Encourage me to take care of my own things
- Let me cut, draw, paint and glue
- Teach me to take turns and be kind to others
- Give me time to play, every day
- Get to know my teacher

Preparing for Kindergarten

Attend community playgroups and activities, offered by:

- Strong Start
- Cowichan Tribes
- Childcare Resource and Referral
- Library (Storytime)



Before school starts:

- Label belongings
- Practice putting on and taking off clothing items and shoes
- Practice opening and closing backpacks and lunch kits

School is Here to Help

- Keep your school informed about:
 - Health issues such as social/emotional conditions/concerns or allergies
 - Family life changes such as illness or death
 - Custody arrangements (copies of court orders are filed in the office)

I am learning to:

Take care of my belongings:

- Carry my own backpack
- Put in and take out objects from my bag
- Zip and unzip or buckle and unbuckle my bag fastenings
- Put on and take off my own shoes

Eat my food:

- Open and close my lunch kit and food containers
- Eat a variety of food options
- Use any utensils that I might bring
- Clean up after myself

Take care of myself and stay healthy:

- Wash and dry my hands
- Follow my washroom routine
- Cover my mouth when I cough
- Blow my nose and put the tissue in the garbage

