

## **Child and Youth Mental Health Resources: 05,08**

Child and Youth Mental Health intake clinics:

[https://www2.gov.bc.ca/assets/gov/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/cymh\\_clinic\\_list\\_march\\_19\\_2020.pdf](https://www2.gov.bc.ca/assets/gov/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/cymh_clinic_list_march_19_2020.pdf)

Ministry of Education Keep Learning

website: <https://www.openschool.bc.ca/keeplearning/>

Erase: <https://www2.gov.bc.ca/gov/content/erase>

WE Well-being: <https://www.we.org/en-CA/get-doing/activities-and-resources/wellbeing/>

SOGI 123: <https://www.sogieducation.org/all-educators# covid-19-response>

EASE at Home:

<https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/ease>

Ministry of Children and Family Development:

<https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health>

Family Smart: <https://familysmart.ca/>

Foundry: <https://foundrybc.ca/>

BounceBack and Living Life to the Full: <https://cmha.bc.ca/covid-19/>

Here2Talk: <https://here2talk.ca/>

Y-Minds: <https://www.gv.ymca.ca/mental-wellness>