

**Daily Health Self-Assessment**

Prior to attending at a school or worksite each staff member and student; or primary caregiver must screen any potential attendee for the following symptoms:

* Fever (temperature of >37.5o using thermometer), or use of fever reducing medication
* Chills
* Cough or worsening of chronic cough
* Shortness of breath
* Sore throat
* Runny nose
* Loss of sense of smell or taste
* Headache
* Fatigue
* Diarrhea
* Loss of appetite
* Nausea and vomiting
* Muscle aches

Should the potential attendee show any signs of illness, they are not to attend at the school or worksite. They are encouraged to seek medical attention, and/or utilize the BC CDC COVID-19 self-assessment tool for guidance on isolation and testing: <https://bc.thrive.health/>

Staff are to notify their supervisor and follow regular protocols for requesting coverage as needed. Students, or primary caregiver, are to notify the school.